



Cardiomyopathy
Association of
Australia Ltd

Cardiomyopathy

Keeping you on track

Saturday 13 September
1pm to 4.30pm

The Auditorium
Epworth Hospital
Bridge Road
Richmond VIC

All welcome.
RSVP to
info@cmaa.org.au

The Cardiomyopathy Association of Australia proudly presents an important seminar

Cardiomyopathy Keeping you on track

Saturday 13 September 2014

1pm to 4.30pm

This Auditorium, Epworth Hospital, Bridge Road, Richmond VIC

The program is designed for members and carers, and will be of value to GPs, medical students, pharmaceutical representatives and cardiac rehabilitation and allied health personnel.

20th Anniversary of Cardiomyopathy Australia

Introduction - Alistair Kerr, President

20-year Cameos by Members

The Beginning - Leigh Bell

Long-time Members - Clive Jones

The Last Resort - Gaylynn Pinniger

The Anniversary Book - Margot Maurice

Session 1

The patient direction through General Practice

Associate Professor Morton Rawlin

More than prescriptions for the patient journey

Cameron Livingstone, Clinical Pharmacist – Critical Care and Heart Failure

Afternoon Tea

Session 2

A complex itinerary – the patient in hospital

Louise Macfarlane RN, Heart Failure Coordinator, Heart Centre, Alfred Hospital

Tracking new developments over 20 years

Professor David L Hare,
Coordinator of Cardiovascular Research,
University of Melbourne;
Director of Heart Failure Services, Austin Health (Melbourne)

Question and Answer Forum



Alistair Kerr

President

Introduction from the President, Alistair Kerr, who has led the Association since 2000. He is a member of the Chronic Illness Alliance Committee of Management, serves on several Victorian Department of Health committees, Medicare Local reference groups and the Heart Foundation, Acute Coronary Syndrome Clinical Guidelines, Executive Working Group as a consumer representative.

I am proud to introduce the Cardiomyopathy Association's fifth seminar, to be held in Melbourne on 13 September, developing the theme "Cardiomyopathy – keeping you on track". 7th to 13th of September 2014 has been officially designated "Cardiomyopathy Week" and celebrates 20 years of support provided by Cardiomyopathy Australia.

Following the success of our inaugural seminar held in Sydney in 2006, which was based on the theme "Cardiomyopathies in the 21st Century – Looking into the Crystal Ball," we decided to make our seminars a biennial event. The next event was held in Melbourne in 2008, adopting the theme "Living with Cardiomyopathy". In 2010 the event was held in Sydney and titled "Cardiomyopathy – What's working?," and in 2012 "Cardiomyopathy – A Moving Picture" was presented in Brisbane. The seminars are scheduled to be held in conjunction with our Annual General Meeting. This year the AGM will commence at 11.30am.

The success of the seminars reflects our ability to attract excellent speakers. They have passed on their knowledge to enthusiastic audiences. These are made up of people who are keen to advance their understanding of their conditions, as well as health professionals who may have experience in general cardiac matters but not cardiomyopathies. The 2014 seminar promises to maintain the high standards of presentations. Our theme reflects the continuing improvements in the diagnosis and treatment of cardiomyopathy, with speakers who are key participants in their field.

Our Executive is acutely aware that cardiomyopathy can affect anyone in any place at any time, and our members are spread far and wide. Most do not have the benefit of access to meetings, so we are pleased to be able to make these seminar presentations available through our library.

On behalf of Cardiomyopathy Australia, I commend the 2014 seminar to you all.

Alistair Kerr



Associate Professor Morton Rawlin

BMed, MMedSci, FRACGP, FACRRM,
DipPractDerm, DipMedHyp, DipFP,
DipBusAdmin, and MAICD

The patient direction through General Practice

Now working full-time in a clinical general practice in suburban Melbourne, Professor Morton is Chair of the Victoria Faculty and the RACGP and Chair of the RACGP Faculty of Specific Interests, as well as a RACGP Board member.

Professor Morton has extensive experience in medical education in general practice at all levels, from undergraduate to postgraduate and vocational training.

His previous role as National Director of Educational Services at the Royal Australian College of General Practitioners involved oversight of education across the RACGP, including prevocational, vocational and international graduate education, the Curriculum for GP training, Fellowship assessment, resource development and the Continuing Professional Development program.

Professor Morton is also part of several government committees around education and assessment at state, national and international levels. He is a Board member of General Practice Education and Training and a member of the Australian Suicide Prevention Advisory Council.

Additionally, Professor Morton is Chair of the General Practice Mental Health Standards Collaborative and immediate past Chair of the Mental Health Professionals Association.

His interests include continuity of care, general practice standards and education, dermatology, rural health and mental health.



Professor David L Hare

MB, BS, DPM, and FRACP

Tracking new developments over 20 years

Professor Hare is Coordinator of Cardiovascular Research at University of Melbourne and Director of Heart Failure Services at Austin Health (Melbourne).

Professor David Hare is a graduate of the University of Melbourne, subsequently undertaking post-graduate studies at the University of Melbourne and Guy's Hospital, London. He is a Fellow of the Royal Australasian College of Physicians, a Member of the Cardiac Society of Australia and New Zealand, an Associate Fellow of the American College of Cardiology and a Member of the Clinical Cardiology Section of the American Heart Association. His position at the Austin Hospital involves clinical work, research and teaching, in addition to private practice.

Professor Hare's research interests include heart failure, exercise, coronary bypass grafts and quality of life in cardiac patients. He also has an ongoing clinical and research interest in the primary and secondary prevention of heart disease, an activity that included a period as the Medical Director of the National Heart Foundation (Vic.Div.) from 1984 to 1990.

Over the last five years, Professor Hare has conducted 28 invited international lectures and about 75 invited lectures within Australia, with about 135 publications over this same period.



Louise
Macfarlane
Cardiothoracic Intensive
Care Certificate

A complex itinerary – the patient in hospital

Ms Macfarlane is a Heart Failure Coordinator at the Heart Centre at the Alfred Hospital in Melbourne. She has worked in cardiovascular medicine and surgery for 35 years, with experience including clinical, educational, research and management.

Ms Macfarlane has been a Heart Failure Coordinator at the Alfred Hospital for the past 14 years, working with eight heart failure and heart transplant cardiologists. She is accountable for coordinating the patients' plans of care in partnership with the patients, their carers and medical, nursing and allied health staff.

This role involves comprehensive management and education for patients and their families with advanced decompensated heart failure in hospital, outpatients clinics and in the community.

Education is focused on self-management of heart failure which includes lifestyle changes, fluid and salt management and the importance of exercise, with involvement in cardiac rehabilitation through to emergency action plans if unwell and palliative care if required. The Alfred runs a home inotrope intravenous therapy program, which is managed by the Heart Failure Coordinators, in conjunction with Hospital in the Home.

Recently Ms Macfarlane completed the new and updated version of "Your Guide to Heart Failure," along with a diary for daily documentation of weight and heart failure symptoms.



Cameron Livingstone

B. Pharm. Sci (Griffith),
M. Pharm (Griffith), and
M. Clin. Pharm (Monash)

More than prescriptions for the patient journey

Mr Livingstone is a Clinical Pharmacist in the Critical Care and Heart Failure Pharmacy Department at Alfred Hospital.

Mr Livingstone is a Critical Care Pharmacist currently working in the heart failure and heart transplantation team at the Alfred Hospital in Melbourne. He has had a varied career in clinical pharmacy, working in many hospitals in South Eastern Queensland before making the move to the Alfred Hospital in Melbourne after finishing his Masters in Clinical Pharmacy at Monash University.

Mr Livingstone has worked across many disciplines in clinical pharmacy but is particularly interested in multidisciplinary chronic disease management, poly pharmacy and critical care management.

The Cardiomyopathy Association (CMAA) of Australia is a voluntary, registered charitable organisation, supporting people with all forms of cardiomyopathy, and their families.

CMAA aims to provide opportunities to share experiences and support one another, to provide accurate and up-to-date information to members and the medical profession, to increase public awareness of cardiomyopathy and to foster medical research. Members have access to a support network, educational material, meetings in NSW, Queensland, South Australia and Victoria, as well as a quarterly newsletter.

Applications for membership may be made at cmaa.org.au, by email to info@cmaa.org.au or by phoning the nearest state contact, whose details may be obtained at cmaa.org.au.

Donations to CMAA are always welcome and are tax-deductible. They may be made by direct bank credit to Defence Bank BSB 803205 account no.140266, via PayPal, or by mail to The Treasurer, CMAA Ltd, PO Box 273, Hurstbridge, VIC 3099.



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